

OFFICIAL RULES

1. ROSTER

Each team must have at least seven players on their roster.

- A. Teams will consist of six field players and one goalkeeper.
 - i. Co-Ed teams must have two girls on the field if playing with seven.
 - ii. Co-Ed teams can play with more than two females but never more than five males.
- B. Teams must have four players at kick off to start a game.
 - i. Co-Ed teams must have at least one female to start.
- C. If teams fail to have the required number of players at start of game, up to ten minutes will be given to field four players. After ten minutes, the team must forfeit.
 - i. Teams will be assessed a \$25 fine per forfeit and will not be allowed to play their next game until fee is paid. This fee will be passed along to opposing team from the league office as an inconvenience fee.
 - ii. After two forfeits, a team may be removed from the league.
 - iii. Teams may use guest players from other teams to complete their roster during season play.

2. EQUIPMENT

- A. All teams must have matching color jerseys. Please bring alternate colors when conflicts may occur.
- B. Numbers are not required.
- C. Goalkeepers must have a different color jersey than either team.
- D. Shin guards and cleats are allowed but not mandatory.
- E. Goals and corner flags will be provided by host site. Game ball will be available if needed.

3. OFFICIATING

All games will have one official.

- A. All infractions will be direct kicks at the spot of the foul.
- B. No offsides.

4. FLOW OF PLAY

- A. A coin toss or rock, paper, scissors will determine who receives first kick and which side teams will defend.
- B. All balls out of play will result in a kick-in. NO THROW-INS. Goal kicks, corner kicks, and kick-ins will be indirect and can not result in a goal.
- C. All goals will result in a kick off for opposing team.
- D. Substitutions can occur at any time as long as the exiting player has left the field before substitute comes on.
- E. Tied games will remain a tie unless it occurs in the playoffs.
- F. NO SEPARATE RULES FOR CO-ED. FEMALE GOALS COUNT AS ONE.

5. PLAYOFF RULES

- A. Players must be on roster to play in playoff games.
- B. Top teams will make playoffs and all teams not in playoffs will receive a consolation games.
- C. Playoff Overtime
 1. *Tied games will result in two overtime periods consisting of 5 minutes each. These periods WILL BE GOLDEN GOAL so first team to score wins.*
 2. *If game is still tied after overtime, game will go to penalty kicks. .*
 3. *Only one round of penalty kicks but rounds will continue until one team wins.*